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LeBauer
COUNSELING

When Life Is Easier Said Than Done

Resources for Grief & Mourning

[“What’s Your Grief”](#)

[“What’s Your Grief” Group on Facebook](#)

[The Dinner Party](#)

[Beth Patterson Blog - see posts on Grief](#)

[Learning How to Grieve When the World Moves On](#)

[On Being: Sheryl Sandberg](#)

[Transformative Grief](#)

Anne Lamott

The Lessons of Love by Melodie Beattie

Trauma and Human Existence by Bob Stolorow

The Courage to Grieve

How to Go On Living When Someone You Love Dies by Therese Rando

No Time for Goodbyes